

ASHTABULA LIZARD WRESTLING



THE FOCUS OF OUR YOUTH WRESTLING PROGRAM IS TO PROVIDE A FUN ENVIRONMENT TO DEVELOP BASIC WRESTLING SKILLS. WRESTLING TEACHES VALUES THAT LAST A LIFETIME, GO FAR BEYOND WINNING OR LOSING, AND SET THE FOUNDATION FOR A REWARDING CAREER IN ATHLETICS, AND SUCCESS IN LIFE.

WE INVITE YOU TO JOIN US! COME CHECK OUT WHO WE ARE AND WHAT WE DO! OPEN MATS START OCTOBER 3RD 5:30-7:30, AND WILL BE HELD EVERY WEDNESDAY AT EDGEWOOD HIGH SCHOOL. OPEN MATS ARE FREE OF CHARGE AND OPEN TO ANYONE FROM ANY TEAM OR SCHOOL AGES 5-17. (WAIVER WILL NEED TO BE SIGNED)

WHO'S ELIGIBLE? ASHTABULA COUNTY BOYS AND GIRLS AGES 5-12, WHO ARE IN KINDERGARTEN THROUGH 6TH GRADE.

EQUIPMENT NEEDED: WRESTLING SHOES AND HEADGEAR.

COST: \$70 PER PARTICIPANT.

OFFICIAL SIGN UPS ONLINE @ WWW.LIZARDWRESTLING.COM OR EACH WEDNESDAY AT OPEN MATS 5:30-7:30 @ EDGEWOOD HIGH SCHOOL WRESTLING ROOM. REFER TO WEB PAGE FOR DIRECTIONS.

CHECK US OUT ON FACEBOOK: LIZARD WRESTLING www.facebook.com/lizardwrestling

FOR MORE INFORMATION, MESSAGE US ON FACEBOOK OR CALL TEAM MOM PRISCILLA FRASURE (440) 858-7546